

**COURSES ACCEPTED AS MEETING
THE COACHES FIRST AID AND CPR REQUIREMENT
AS OF AUGUST 2007**

FIRST AID*

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours **initial**; 5.5 hours **update** (valid for three years)
2. American Red Cross:
 - a. Responding to Emergencies (24 hour course that **includes CPR certification**)
3. NYS DOH/Bureau of Emergency Medical Services:
 - a. Certified First Responder
4. National Safety Council
 - a. First Aid Taking Action
 - b. First Responder

AHA currently does not have any courses that satisfy the First Aid requirement.

ADULT CARDIOPULMONARY RESUSCITATION (CPR)*

1. A State Education Department approved agency that offers CPR using the SED course outlines and time requirements: 4 hours **initial**; 2 hours **update** (valid for one year)
2. National Safety Council CPR - AED Courses
3. American Heart Association Courses: (valid for one year only)
 - a. Heart Saver First Aid (**credited for CPR only...not First Aid**)
 - b. Heart Saver CPR/AED (combined course only)
 - c. Advanced Cardiac Life Support (ACLS)
 - d. Basic Life Support for Health Care Providers (BLS)
4. American Red Cross Courses: (valid for one year only)
 - a. Adult CPR
 - b. Standard First Aid (**credited for CPR only...not First Aid**)
 - c. CPR/AED for the Professional Rescuer (**credited for CPR only...not First Aid**)
 - d. Responding to Emergencies (**credited for both CPR and First Aid**)

SED does not require the following to have separate certification in First Aid/CPR to coach:

- e. Registered Nurse – Nurse Practitioner – LPN - Nurse Aide
- f. Physician – Physician Assistant
- g. Licensed Physical Therapist
- h. Certified Emergency Medical Technician*
- i. Certified National Athletic Trainer*
- j. Fire and Police officers* - (full time officers)

Regardless of how many years the CPR card states it is 'good'...SED requires all coaches to be re-certified in CPR on a yearly basis.

**The above credentials are also valid for SED approved instructors of First Aid or CPR if their card indicates authorization as an "instructor." For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.*